

Our hospital offers online consultations for "cervical muscle syndrome, or stiff neck disease," caused by autonomic nervous system abnormalities, particularly Orthostatic Dysregulation (OD) and chronic fatigue syndrome, which have been rapidly increasing in recent years.

We also treat headaches, dizziness, and panic disorders.
If this is your first consultation, please send an email to the following address.
h.online@matsui-hp.com

You can also consult with your smartphone or tablet.
Please feel free to contact us.



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Why do abnormalities in the neck muscles cause symptoms of autonomic dysfunction?

- Between the head and body, a **very important autonomic nerve (vagus nerve)** runs through the neck connecting **the brain (central nervous system)** and **internal organs (heart, digestive tract, etc.)**.
- The vagus nerve is a representative of the parasympathetic nervous system, and as shown in the diagram on the right, from top to bottom it controls most of the internal organs in the chest and abdomen, including **the throat (larynx), heart, lungs, stomach, and digestive tract**.
- When neck muscles become stiff, the function of the vagus nerve decreases, causing **palpitations, throat discomfort, stomach upset**, constipation, etc. Finally, the function of the parasympathetic nervous system in the head also decreases, causing **sensitivity to light, eye fatigue, dry eyes, tinnitus**, etc., and ultimately leading to **insomnia, depression**, and other mental symptoms.
- In addition, stiffness of the muscles at the back of the head (**semispinalis capitis**) can cause **headaches**.

